

Collaborative Parent Involvement Scale

I have a parent/guardian who...	<u>Almost Never</u>	<u>Sometimes</u>	<u>Often</u>	<u>Almost All the Time</u>
1. Helps me plan my diabetes care to fit my schedule.	①	②	③	④
2. Knows when I need a little extra help with my diabetes.	①	②	③	④
3. Helps me figure out how to change my insulin or eating to fit the amount I exercise.	①	②	③	④
4. Helps me out when I am too tired or stressed to take care of my diabetes on my own.	①	②	③	④
5. Knows what things are hard for me in taking care of my diabetes.	①	②	③	④
6. Helps me learn how to take care of troubles I have with my diabetes.	①	②	③	④
7. Knows when to let me do more to take care of myself and my diabetes.	①	②	③	④
8. Helps me plan how to spend time with my friends and still take good care of my diabetes.	①	②	③	④
9. Talks with me about how to adjust (change) my insulin, eating, and exercise.	①	②	③	④
10. Helps me with my diabetes when I need it.	①	②	③	④
11. Helps me take care of any problems I am having at school with taking care of my diabetes.	①	②	③	④
12. Knows how I am taking care of my diabetes when I am with friends.	①	②	③	④

Nansel TR, Rovner A, Haynie DL, Iannotti RJ, Simons-Morton B, Wysocki T, Anderson B, Weissberg-Benchell J, Laffel L. Development and validation of the Collaborative Parent Involvement scale. *Journal of Pediatric Psychology* 2009; 34(1): 30-40.