

Today's Date: _____

Participant ID: _____

Study Site ID: _____

This survey is intended to find out more about how low blood sugar makes people feel and behave. Please answer the following questions as frankly as possible.

I. Below is a list of things parents of children with diabetes sometimes DO IN ORDER TO AVOID LOW BLOOD SUGAR and related problems in their children. Read each item carefully. Circle one of the numbers that best describes YOU.

	Never	Rarely	Sometimes	Often	Almost Always
1. Have my child eat large snacks at bedtime	0	1	2	3	4
2. Avoid having my child being alone when his/her sugar is likely to be low	0	1	2	3	4
3. Allow my child's blood sugar to be a little high to be on the safe side	0	1	2	3	4
4. Keep my child's sugar higher when he/she will be alone for a while	0	1	2	3	4
5. Have my child eat something as soon as he/she feels the first sign of low blood sugar	0	1	2	3	4
6. Reduce my child's insulin when I think his/her sugar is too low	0	1	2	3	4
7. Keep my child's blood sugar higher when he/she plans to be away from me for a while	0	1	2	3	4
8. Have my child carry fast-acting sugar	0	1	2	3	4
9. Have my child avoid a lot of exercise when I think his/her sugar is low	0	1	2	3	4
10. Check my child's sugar often when he/she plans to go on an outing	0	1	2	3	4
11. Get up in the middle of the night to check <u>on</u> my child or check my child's blood sugar levels	0	1	2	3	4

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II. Worry: Below is a list of concerns parents of children with diabetes sometimes have. Read each item carefully. Circle one of the numbers that best describes HOW OFTEN YOU WORRY ABOUT EACH ITEM.

	Never	Rarely	Sometimes	Often	Almost Always
12. Child not recognizing/realizing that he/she is having a low	0	1	2	3	4
13. Child not having food, fruit or juice with him/her	0	1	2	3	4
14. Child feeling dizzy or passing out in public	0	1	2	3	4
15. Child having a low while asleep	0	1	2	3	4
16. Child embarrassing self or friends/family in a social situation	0	1	2	3	4
17. Child having a low while alone	0	1	2	3	4
18. Child appearing to be "stupid" or clumsy	0	1	2	3	4
19. Child losing control of behavior due to low blood sugar	0	1	2	3	4
20. No one being around to help my child during a low	0	1	2	3	4
21. Child making a mistake or having an accident at school	0	1	2	3	4
22. Child getting a bad evaluation at school because of something that happens when his/her sugar is low	0	1	2	3	4
23. Child having seizures or convulsions	0	1	2	3	4
24. Child developing long-term complications from frequent low blood sugar	0	1	2	3	4
25. Child feeling light-headed or faint	0	1	2	3	4
26. Child is having a low	0	1	2	3	4